

Weave to  
re-create  
the past



Weave to  
create for  
the future

# The Roving

April, 2018

*There are no days in the whole round year more  
delicious than those which often come to us in  
April... The grass in the meadow seems all to  
have grown green since yesterday.*

*Thomas Wentworth Higginson 1861*

Happy Spring, Handweavers of the Valley!

How thrilling that HWOTV have such variety in programs and workshops this year. Many of us have a new respect for and love of Rigid Heddle weaving thanks to Deborah Jarchow! Her Guild program presented before the workshop provided us with much information as well as a multitude of samples of her work. She frequently cited which issues of Handwoven and other publications each was featured in. We were quite fortunate to have her with us.

April is a busy month! Cookie Hansen will conduct a ***Kumihimo Workshop*** at Toni's on April 7. Preregistration with Monica is required.

The ***South Valley Artists' Studio Tour*** is April 14-15. For information see: [www.artsconsortium.org](http://www.artsconsortium.org).



**HAPPY SPRING!**

**April Meeting:**

**When: April 14, 2018**

**Time: 10:00 AM**

**Program: "Musings"  
with Ann Belau**

**Last names beginning  
with A-D please bring  
snacks.**

**Where: Exeter  
Memorial Building**

**Best of the Valley Quilt Show**, April 13-15, will be held at McDermont Field House, Lindsay: [www.botvquilts.com](http://www.botvquilts.com).

**Baskets and Gourds Containers of our Culture VII** will be at the Elks Lodge, Visalia, April 28-29. The Opening Reception is at Arts Visalia, Friday, April 6, from 6-8 pm. The show at Arts Visalia which exhibits work by teachers at the Conference has been stunning in the past!  
Information: [www.californiagourdsociety.com](http://www.californiagourdsociety.com).

Hats off to all the groups organizing the April events!  
Enjoy the month.

Leonora and Toni

---



## Coming Attractions from Our Vice-President and Program Chairman, Monica!

### April Report:

**Cookie Hansen is coming in a few days!** Cookie will lead a workshop on April 7, 2018, at the home of Toni Best. If you are interested, please note there are a few spots left. The cost of the entire day is \$35. Join Cookie Hansen for some kumihimo fun, and add this to your weaver's tool belt.

**Get ready for April's musings by our own Ann Belau.** As many of you know, Ann is a talented spinner, knitter, weaver, and photographer among other things. She has much experience creating a quality product. Ann will be speaking about her journey as a weaver and giving tips along the way. Bring your notebook and jot down ideas and (new) questions.

Are you beginning to make clothing for the Show and Sale? On May 12<sup>th</sup> , Sandra Willey will present a program on pattern making. Sandra is a teacher who connects with all levels of experience.

Spinners, challenge yourself! Have fun! Joan Ruane is coming in June to teach us how to spin cotton. On Saturday June 9<sup>th</sup> HWOTV meeting, Joan will give a power point presentation about cotton from plant to project. Following the meeting, 16 participants will be introduced to cotton spinning on Saturday afternoon and all day Sunday! The estimated cost of the class is \$100 with a \$20 materials fee. Registration is open and a deposit of \$50 (non-refundable) will be accepted at the April meeting or you can mail it to me (checks payable to HWOTV). The balance is due May 12<sup>th</sup>. We hope you can make it!

Joan Ruane's  
COTTON SPINNING MADE EASY  
*Designed for All Levels of Spinners\**

\* Spinner must be able to keep their wheel spinning clockwise consistently.

**Workshop goal:** To give students good basic techniques in spinning cotton so they feel comfortable with cotton and see how easy it is to spin.

**JUNE 9.. 1-5pm INTRODUCTION TO COTTON SPINNING** *This class is a basic introduction to cotton spinning and is designed to give the spinner an understanding of both cotton and how and why to adjust their wheel for this fine, short staple fiber. Students will learn how to card and make punis from ginned cotton. They will learn proper cotton spinning techniques and perfect the long draw. The takli spindle will be introduced and how best to spin cotton on this little portable spindle.*

Introduction to cotton

Learn proper technique of carding cotton and making punis

Understanding how to adjust wheels for spinning cotton.

Blending dyed colored lint for designing heathered yarns

Learning to spin off a takli spindle.

**JUNE 10.. 9am to 4pm** *This class reviews day 1 and reinforces proper spinning techniques for cotton. A quick review of carding and blending dyed cotton lint will reinforce the carding technique. After learning to ply the yarn made from the punis, we will introduce spinning off the seed and then go into spinning prepared sliver. We will discuss preparing the cotton yarn for weaving and knitting and talk about projected best suited for handspun cotton yarns.*

Review carding and spinning cotton

Basic plying techniques

Introduce spinning off the seed and prepared sliver.

Working on cotton spinning skills

Discuss designing cotton yarn for projects and how to use them.

Spinning and plying for a specific project.

Finishing your cotton yarns and storing them for future use.

### Supply List for Students to bring for Cotton Spinning Class

1. Spinning wheel in good working condition (*no bulk spinners & bobbin driven wheels are not recommended*). Should have at least a 12/1 ratio on their wheels.
2. Lazy Kate
3. Wheel maintenance kit (oil, extra belt, tools, etc)
4. Hand carders (cotton preferred but wool acceptable)
5. Extra bobbins (need at least 3 empty bobbins)
6. Niddy Noddy
7. Dark lap cloth
8. Scissors
9. Spinning chair or chair cushion
10. Ball winder (optional) & 2 Toilet paper core
11. Yarn or string for ties
12. Tags for labeling

## **Instructor will bring:**

Cotton fiber for the class

Taklis & bowls to use in the class

Puni sticks

Instructional book: *Beginning Cotton Spinning on the Wheel*

Project samples



## **Announcement from Sandra Willey:**

At the May meeting I will be demonstrating how to make a pattern from your favorite clothing. Bring pencil and paper, and I will have a handout for you. I will produce a pattern from a basic piece of clothing and discuss fabric preparation and helpful sewing and drafting tools. I hope to see you there.

Sandy Willey

---

## **New Newsletter Item:**

**At the recent rigid heddle workshop with Deborah Jarchow, several of the pot luck goodies received rave reviews. Two recipes were contributed by our members and they can be seen below.**

**Is this an item that you would like to see continued from time to time?  
Or....how about putting together a HWOTV Recipe book? Please let Toni,  
Leonora or Sophie know your thoughts. Thanks!**

### **Chris Davis' Delicious Chicken Casserole Recipe:**

#### [Low Carb Salsa Verde Chicken Casserole Recipe Ingredients](#)

- 2 cups shredded chicken or turkey
- 1 cup sour cream
- 8 oz cream cheese, softened
- 1 1/2 cups salsa verde
- 1/4 cup cilantro, minced
- 2 cups shredded Mexican cheese or Monterey Jack Cheese, divided
- 1 bag frozen Cauliflower Florets (454g)
- 1/2 teaspoon minced garlic
- Optional: 1 can Rotel, drained
  - Heat the frozen bag of cauliflower florets in a microwave safe bowl for about 5 minutes until they are soft.
  - Preheat the oven to 350 degrees.
  - In a medium-size bowl combine the cauliflower, sour cream, cream cheese, salsa verde, cilantro, garlic and 1 cup of the shredded cheese.
  - Add the shredded chicken (or turkey) and the optional can of Rotel (drained) to the mixture.
  - Pour into a casserole dish and top with the remainder 1 cup of shredded cheese.
  - Bake at 350 degrees for about 30 minutes.
- Serve warm and enjoy.

### **Dale's Chocolate Cake**

#### **(From Dale and Peggy Batastoni)**

- 1 Duncan Hines (best results) chocolate cake mix
  - 1 package (3 oz.) chocolate pudding mix
  - 2 cups sour cream
  - 4 eggs
  - 1/4 cup vegetable oil
  - 1/4 to 1/3 cup of Kalua liqueur
  - 1 Tbsp. vanilla extract
  - 1 cup chocolate chips (optional)
  - 
  - Mix for 1 minute or more. Add chocolate chips if wanted. Bake at 350° 45 to 50 min or until wooden skewer comes out clean. Freezes well.
  - Served at rigid heddle workshop 3/11/18.
-

**Kaweah Konnection:** Next meeting will be **10AM, April 11th** at Harrison Hall, Three Rivers Community Presbyterian Church. Contact Sharon Warren for more information. Instructional weaving/spinning DVD's are occasionally featured and "Show and Tell" is always interesting.

**Squeekie Wheels:** Squeekies will meet the third Friday of every month, and the new hours will be from 9am until 1pm. The only thing we have to remember to bring is our "inside the library quiet voices". That might be the hardest thing for me to remember, because spinning with such nice people is so much fun.

While you are thinking about it right now, why don't you go jot down the date of our next spin-in on your calendar so you can come join us? Hope to see you there.

**April 20th,**

Exeter Public Library  
230 E. Chestnut Street, Exeter  
9am ~ 1pm

---

**Items for Sale:**

**(See below)**



## **Harrisville Vertical Warping Mill with brake**

**2 yards around can wind up to 20 yards**

**30" vertical winding space**

**NEW IN THE BOX**

**\$315.00**

**Contact Guild member Gail Orange, e-mail [ggo@netptc.net](mailto:ggo@netptc.net)**

**She is planning to come to the April meeting and can bring it.**



**Items for the newsletter (items for sale, new items, announcements, etc.)** need to be received by Sophie Britten [sophieab@sbcglobal.net](mailto:sophieab@sbcglobal.net) , 559-561-4265 by the 25th of each month.





